UNIS HANOI TERM 3/2019

LUNCH MENU 4

	ASIAN	WESTERN	VEGETARIAN
MONDAY	Fried Salted Chicken G Sweet & Sour Noodles G V Green Beans & Carrots V	Creamy Fish Pie G D Green Beans & Carrots V Salad / Caesar Dressing D V	Stir Fried Tofu & Noodles G V Green Beans & Carrots V
TUESDAY	Braised Beef with Ginger G Steamed Rice Vietnamese Salad V	Pork Schnitzel G / Gravy Mashed Potato G D V Mixed Vegetables V	Vegetable Pasta Bake G D V Roasted Pumpkin V Green Salad / Balsamic Dressing V
WEDNESDAY	Grilled Fish with Turmeric G Rice Noodles V Herb Salad / Ginger Soy Dressing G V	Beef Sloppy Joes G D Sweet Potato Fries V Grilled Corn D V	Braised Tofu with Eggplant V Rice Noodles V Herb Salad / Ginger Soy Dressing G V
THURSDAY	Vietnamese Pork Stew Steamed Rice Sweet Mustard Greens G V	Chicken Lasagna G D Garlic Bread G D V Roasted Vegetables V	Stir Fried Tofu & Vegetables G V Hokkien Noodles G V Sweet Mustard Greens G V
FRIDAY	Sesame Lemon Chicken G Fried Rice G V Sautéed Green Vegetables V	Crispy Crumbed Fish G / Tartar Sauce Hand Cut Chips V Mixed Salad / Herb Dressing V	Vegetable & Cheese Omelette D V Hand Cut Chips V Mixed Salad / Herb Dressing V

V= VEGETARIAN G= GLUTEN D= DAIRY